

II

The second formula insists on the depth and the adherence we can give to our word when it expresses who we are in a whole and right way. Furthermore, it insists on the stability with which we can self-appropriate a formula of prayer, in such a way that the formula doesn't lead to abusive repetition.

When the word is right,
it makes us present
to ourselves and to God,
it begets prayer.

How sweet to my lips!
It resounds in my heart,
I am one with it
so fully do I send back its echo.

Always new,
when saying it I am called
to progress in my path
towards the Being.